Learning what you are interested in



It is important to learn what you are interested in.



Learning what you are interested in can help you to:

- Build your skills
- Try new things
- Find out what you enjoy doing
- Make your own choices
- Find a job you like.





There are many ways you can learn what you are interested in.

For example:



- **Work experience**
  This is where you try out different jobs for a short time

- **Volunteering**
  This means helping out an organisation or group for no pay



- Joining a club or group
  For example a sports club or art group

- Being supported to take part in the community.



It is important to get good support to learn what you are interested in.

For example support from your family and friends.



There are other ways you can get support to find out what you are interested in.



You may be able to get **Finding and Keeping a Job funding** in your NDIS plan.



You can use Finding and Keeping a Job funding to get support to:

- Learn what is important to you
- Find out what you enjoy doing
- Think about what kind of work may suit you
- Get ready to look for jobs

  For example writing a resume and practicing job interview skills
- Try out different jobs.





For more information about Finding and Keeping a Job funding speak to your LAC or Support Coordinator or go to:

www.ndis.gov.au/participants/life-transitions/employment-support/guide-employment



You may also be able to get support from **Inclusive Employment Australia** or IEA for short.

Disability Employment Services → Inclusive Employment Australia

IEA used to be called Disability Employment Services or DES for short.



An IEA provider can help you with:

- Thinking about what kind of work may suit you
- Getting ready to look for jobs
- Applying for jobs that suits you.



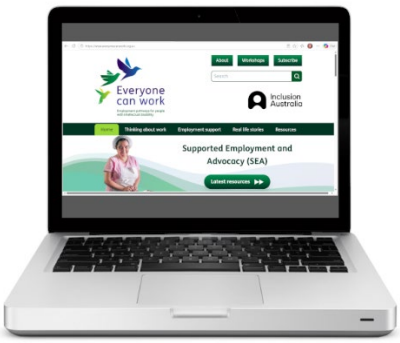
The IEA provider can also support you after you get a job by:

- Keeping in touch with you
- Making sure your workplace has everything it needs to support you.



For more information about how an IEA provider can help you go to:

www.jobaccess.gov.au



You can find more information about work on the Everyone Can Work website:

www.everyonecanwork.org.au